



# PLANNING DES ACTIVITES

## Complexe Aquatique d'Hyères



lundi	mardi	mercredi	jeudi	vendredi	samedi	dimanche
9h15-10h30 future maman					9h-09h40 Jardin Aquatique	
	11h15-12h Aqua-phobie			11h15-12h Aqua-phobie	9h-09h45 école municipale	
11h45-12h30 Aquabike	11h45-12h30 Aquabike			11h45-12h30 Aquabike	9h40-10h20 Jardin Aquatique	
12h30-13h15 Circuit training	12h30-13h15 Aquabike		12h15-13h00 Circuit training	12h30-13h15 Aquascult	9h45-10h30 école municipale	
12h30-13h15 Aquascult			13h00-13h45 Aquabike		10h20-11h Jardin Aquatique	
12h45-13h30 Aqua training					10h30-11h15 école municipale	<b>STRUCTURE GONFLABLE</b>
15h15-16h Aquagym	15h15-16h Aquagym		15h15-16h Aquagym	15h15-16h Aquagym	11h-11h40 Jardin Aquatique	<b>Bassin de 25 m</b>
						<b>De 14h15 à 17h30</b>
17h15-18h Aquagym	17h15-18h Activités différentes		17h15-18h Circuit training	17h15-18h Aquabike		<b>A partir de 6 ans</b>
18h-18h45 Aquabike			18h-18h45 Circuit training			<b>et sachant nager</b>
18h15-19h Circuit training		18h15-19h Circuit training		18h15-19h Circuit training		
18h45-19h30 Aquabike			18h45-19h30 Aquabike			